

MDwise Hoosier Alliance Resource Catalog

Well-Child Visits (0-15 months)

Well-Child Visit Guidelines

- Birth – 15 months of age
- Six or more comprehensive care visits



Ways we can help ...

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Because We Care

HEDIS: Well Child Visit (0-15 mos)

Understanding the specific HEDIS measure

Infants 0-15 months **must** have at least **6** or more comprehensive well-care visits with a **PMP** annually and documentation of the following:

- Health and developmental history
- Physical exam
- Health education/anticipatory guidance
- Immunizations

25 MODIFIER ... Your TIME SAVER!

The **25 MODIFIER** may be added to an E&M CPT code, when you are performing a “Well- Baby Exam” at the same time.

NOTE:

(The best way to receive full payment for a “Well-Baby Exam” in conjunction with an E&M code office visit, is to record the “Well-Baby Exam” as the primary diagnosis)

Get the “Well-Baby Exam” done while the member is in your office!

It can be combined with:

- A sick visit
- Immunizations

Provider and Member Benefits

Physical Exam:

- “**Code**” all procedures and if possible incorporate **25 Modifier** .
- When conducting a “*Well-Baby Exam*” with a sick visit, have intake staff prepare for “*Well-Baby Exam*” by having well baby form started and on members chart prior to PMP entering the room.

Implement member education by:

- Emphasizing the importance of having a “*Well-Baby Exam*” for the parent and the member.
- Clarify to the parent that the well visits are:
 - *To see how well your child is growing
 - *To provide preventive care
 - *To provide screening tests and immunizations

Reiterate that the well visit is not the same as when their child is sick

http://medicalcenter.osu.edu/patientcare/healthcare_services/pediatrics/well_care_visits/Pages/index.aspx

Creating cultural awareness in members is essential to making the members feel respected.

This website gives variations on culturally sensitive issues

<http://www.brightfutures.org/wellchildcare/competence/setting1.lasso>

Create a registry to identify and track:

- When “*Well-Baby Exam*” and immunizations are needed (6 visits in the first 15 months)
- Member reminder cards to be sent out

Contact the Quality Management Department for assistance in creating and implementing a patient registry.

Note:

There is a fair amount of evidence that shows having **OPEN ACCESS** reduces **NO SHOW** ” *Well-Baby Exams.*”

<http://www.nmanet.org/images/uploads/Publications/IP099.pdf>

***Utilize the “Physician Member Profile” (located in the Group Report) to assist you in your outreach to your members.**

Infant Well Child Information

The first 15 months may be the most dynamic period of life. Dramatic changes are taking place in all areas of growth and development, which include:

- **Physical development.** Most babies double their birth weight by gaining an average of 0.5 oz to 1 oz every day for the first 6 months of life. Birth weight usually triples sometime between 9 and 12 months of age. By 12 months of age, most babies will have grown in length approximately 10 in. since birth. Head circumference usually will have increased approximately 0.25 in. to 0.5 in. a month.
- **Cognitive development.** This is the process by which babies develop the abilities to learn and remember. Babies begin to recognize and interact with loved ones and start to understand that people and objects still exist even when they are out of sight (object permanence).
- **Emotional and social development.** In a loving environment, babies easily bond with their parents. In the first month, newborns express emotion mainly by crying and grimacing or displaying an alert and bright face. By about 4 months, they learn to smile, coo and move their arms around when excited. By 5 months, babies show a clear preference for a loved one. In the following months, "separation protest" and "stranger anxiety" are two of the ways babies show this growing attachment. A close bond provides a foundation for future relationships, babies learn from their parents how to love and trust.
- **Language development.** Babies' brains are very open to learning, and they quickly absorb the language around them. By approximately 3 to 6 weeks, babies develop a different crying sound to show a specific need (such as hunger or discomfort). By around 2 months of age, they begin to interact with caregivers by cooing and smiling, which proceeds to babbling and chuckling within about 6 months. Also by 6 months, most babies have learned all of the basic and distinct sounds of their native language. By the first year most babies can say a few words, like "mama" or "dada," and can understand many more.
- **Sensory and motor development.** A baby's movements become more controlled and deliberate as the newborn reflexes fade. Although seemingly stiff at times, a baby will be limber and coordinated enough in 6 months to suck his or her toes and strong enough to sit with light support. By 10 months, many babies can stand, although they may need support.

Cited from: Web MD:

<http://children.webmd.com/tc/growth-and-development-ages-1-to-12-months-topic-overview?page=2>

Additional Resources

REFERENCES :

Growth and Development, Ages 1-15 months Web MD
<http://children.webmd.com/tc/growth-and-development-ages-1-to-12-months-topic-overview>

Baby Corner
<http://www.thebabycorner.com/category/1/>

Developmental Information, 0-15 months
United Way of Dane County
<http://www.unitedwaydanecounty.org/index.php?page=363&1=0>

Baby Center
<http://www.babycenter.com>

I am Pregnant: A SITE FOR PREGNANCY AND BABIES
<http://www.i-am-pregnant.com/Babies/>

MDwise Hoosier Alliance Resources

**Our Company is here to assist you with providing
the best healthcare for members.
It's all *because we care!***

Case Management/Disease Management

888-961-3100 option 4

Claim Department Address:

MDwise Hoosier Alliance
P.O. Box 7303
London, KY 40742

Claim Inquiries

800-581-2488

Internal Provider Relations Representatives

888-961-3100 option 2 Fax: 866-465-2985

MDwise Customer Service

800-356-1204 or 317-630-2831

Medical Management & Prior Authorization

888-961-3100 option 1 Fax: 888-465-5581

Pharmacy Prior Authorization

800-558-1655 Fax: 888-465-5581

Quality Department

888-961-3100 option 6

Transportation

800-356-1204 or 317-630-2831

MDwise Behavioral Health Claims Address:

P.O. Box 7303
London, KY. 40742
Behavioral Health Claims 800-581-2488 option 8
Behavioral Health Authorization 888-961-3100



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For more resources or tool kits contact your ROQ Specialist or Account Executive

MDwise Hoosier Alliance QM Department
1-888-961-3100 ext. 37930