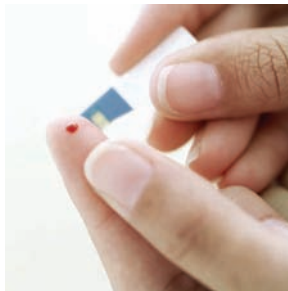


MDwise Hoosier Alliance Resource Catalog

Diabetes Care Management

Diabetes Guidelines

- Members 18-75 years of age
- With Diabetes Type I or II
- HbA1C test
- Retinal Eye Exam
- LDL-C Screen



Ways we can help ...

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Because We Care

HEDIS: Diabetic Care Visit

Understanding the Specific HEDIS Measure



- Retinal Eye Exam

- LDL-C
- HbA1C



**All members 18-75 years of age
with Diabetes Mellitus Type I or II
must have these tests
ANNUALLY**

Ways to Incorporate HEDIS Measures into Your Daily Practice.

The American Academy of Family Physicians website shows you how to create a patient registry by using the tools you already have in your practice. Referenced on page 7:

Increase member awareness for the need to have their LDL-C tested each year.

“Paying close attention to what you eat and how much physical activity you get are ways to lower your high blood cholesterol. These steps are generally the first line of therapy for anyone with high cholesterol. But because you have diabetes, your risk of heart disease and stroke is much higher than for someone without diabetes.”

<http://www.heart.org>

Implement member education by:

- Teaching the member how to develop a diabetes plan. The plan should include:
 - What foods to eat
 - How often to exercise
 - Managing appointments

See handout for assistance, “**Self-Care Diary**” booklet, “**Diabetes Care Card**” and suggestions on healthy eating that are available on the “**American Diabetes Association**” website.

- Incorporate handout on local and regional access to Ophthalmologist and Optometrists to increase members’ knowledge of where to obtain an eye exam.
- Provide members with “**Diabetes Can Harm your Vision**” pamphlet to develop member awareness on the need to have a complete eye exam once a year.

Utilize the “Physician Member Profile” (located in the Group Performance Report) to assist you in the outreach to your members.

Diabetic Care Information

Who are the Ophthalmologists, Optometrists and Endocrinologists in my area?

Go to...

www.hoosieralliance.org

**View our entire provider
directory by county**

*If you need further assistance,
contact*

888-961-3100

For more information

Additional Resources

Patient Registry:

<http://www.aafp.org/fpm/20060400/47usin.html>

Diabetes Care & The Need for Change:

http://www.nursingcenter.com/prodev/ce_article.asp?tid=724112

Lipid Management:

<http://www.cardiosource.com/guidelines/Lipoprotein.pdf>

http://www.cardiologyreviewonline.com/issues/articles/2008-03_09.asp

NDIC Publications Order Form

<http://diabetes.niddk.nih.gov>

NDEP Publications & Resources

<http://ndep.nih.gov>

Performance Measurement

http://www.innovationlabs.com/summit/summit3/readings/Nolan-Berwick_All-or-None%20Measurement_JAMA_2006.pdf

MDwise Hoosier Alliance Resources

**Our Company is here to assist you with providing
the best healthcare for members.**

It's all *because we care!*

Case Management/Disease Management

888-961-3100 option 4

Claim Department Address:

MDwise Hoosier Alliance
P.O. Box 7303
London, KY 40742

Claim Inquiries

800-581-2488

Internal Provider Relations Representatives

888-961-3100 option 2 Fax: 866-465-2985

MDwise Customer Service

800-356-1204 or 317-630-2831

Medical Management & Prior Authorization

888-961-3100 option 1 Fax: 888-465-5581

Pharmacy Prior Authorization

800-558-1655 Fax: 888-465-5581

Quality Department

888-961-3100 option 6

Transportation

800-356-1204 or 317-630-2831

MDwise Behavioral Health Claims Address:

P.O. Box 7303
London, KY. 40742
Behavioral Health Claims 800-581-2488 option 8
Behavioral Health Authorization 888-961-3100



Diabetes Care Management

For more resources or tool kits contact your ROQ Specialist or Account Executive

MDwise Hoosier Alliance QM Department
1-888-961-3100 ext. 37930