

# MDwise Hoosier Alliance Resource Catalog

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## Chlamydia Screening in Women

### Chlamydia Screenings Guidelines

- One test per year
- Women 16-24 years old
- Sexually active
- Multiple partners
- Prescribed birth control



*Ways we can help ...*

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## HEDIS: Chlamydia Screening

### Understanding the specific HEDIS measures

The HEDIS indicator measures the proportion of sexually active females between the ages of 16-24 who were screened for chlamydia infection annually.

To **increase your compliance** with the HEDIS chlamydia testing measure, routine testing for chlamydia should be provided for young women 16-24 yrs old who are seeking care for any of the following reasons:

- Suspects she is pregnant
- She has a history of any sexually transmitted disease
- She is seeking contraceptive services
- She is seeking gynecological services
- She has indicated that she has been sexually assaulted or abused
- She indirectly indicates that she may have had sexual relations

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## Provider and Member Benefits

### Ways to incorporate HEDIS measures into your daily practice

- Incorporate (*Chlamydia*) screening and Pap together
- Incorporate screening into annual exam
- Incorporate screening into well-child visit

#### Physical Exam:

- “Code” all procedures
- Have intake staff prepare for Pap and *chlamydia* screening prior to PMP entering the room
- Educate office personal when screening should begin:
  - \*At age 16 or when a member is sexually active
  - \*Has multiple partners
  - \*Is prescribed a birth control.

#### Create a registry to identify and track:

- Annual Pap exams
- Annual *chlamydia* screening
- Member reminder cards

Contact the Quality Management Department for assistance in creating and implementing a patient registry.

#### Implement member education by:

- Increasing member awareness that sometimes the only way to know if a woman has *chlamydia* is with a screening test done as part of a routine health exam. (member handout provided on “Learn the facts...”)
- Increase member awareness on problems associated with untreated *chlamydia*:
  - \*Pelvic Inflammatory Disease (PID)
  - \*Increased chance of getting HIV
  - \*Increased chance of having cervical cancer
  - \*Pregnancy problems (not being able to get pregnant)

Utilize the “Physician Member Profile” (located in the Group Performance Report) to assist you in the outreach to your members.

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## Chlamydia Information

### Opening the door of communication begins with:

#### Adolescent patients:

- Establish a positive and trusting relationship
- Demonstrate respect for individual difference by creating open channel of communication
- Take adolescent patients' beliefs, ideas and values into account when developing a management plan.
- Educate adolescents on the increased diagnoses of STDs and the need to be safe
- Incorporate anticipatory guidance into visit and for future care

#### For all patients

- Use a conversational tone
- Recognize and accept feelings accompanying the stigma of STD and related testing
- Incorporate screening and Pap together
- Reserve judgment about patient's personal behaviors

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## Additional Resources

“*Chlamydia screening* dramatically reduces costs of care in MCO” “*Chlamydia screening*” results in healthier women and better pregnancy outcomes”

### REFERENCES:

National Center for HIV, STD and TB Prevention, CDC,  
HHS

<http://www.cdc.gov/std>

National Institute of Allergy and Infectious  
Diseases

<http://www.niaid.nih.gov/publications/std.htm>

American Social Health Association (ASHA) publishes a  
series of brochures on women's health and preventing STDs

<http://www.ashastd.org>

Planned Parenthood Federation of America

<http://www.plannedparenthood.org>

There are various ways to integrate screening into general  
practice.

Reference from Trends in Urology Gynecology & Sexual  
Health

<http://www.tugsh.com>

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# MDwise Hoosier Alliance Resources

**Our Company is here to assist you with providing  
the best healthcare for members.**

**It's all *because we care!***

## **Case Management/Disease Management**

888-961-3100 option 4

## **Claim Department Address:**

MDwise Hoosier Alliance  
P.O. Box 7303  
London, KY 40742

## **Claim Inquiries**

800-581-2488

## **Internal Provider Relations Representatives**

888-961-3100 option 2

Fax: 866-465-2985

## **MDwise Customer Service**

800-356-1204 or 317-630-2831

## **Medical Management & Prior Authorization**

888-961-3100 option 1

Fax: 888-465-5581

## **Pharmacy Prior Authorization**

800-558-1655

Fax: 888-465-5581

## **Quality Department**

888-961-3100 option 6

## **Transportation**

800-356-1204 or 317-630-2831

## **MDwise Behavioral Health Claims Address:**

P.O. Box 7303

London, KY. 40742

Behavioral Health Claims 800-581-2488 option 8

Behavioral Health Authorization 888-961-3100



## **Chlamydia Screening in Women**

For more resources or tool kits contact your ROQ Specialist or Account Executive

MDwise Hoosier Alliance QM Department  
1-888-961-3100 ext. 37930