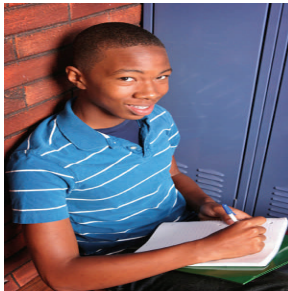


MDwise Hoosier Alliance Resource Catalog

Follow-Up Care for Children Prescribed ADHD Medication

Follow Up for Children Prescribed ADHD Medication Guidelines

- 6 - 12 years of Age
- Within 30 days of when the first ADHD medication was dispensed. Have a follow-up visit, with a practitioner with prescribing authority.



Ways we can help ...

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Because We Care

HEDIS: Follow Up Care for Children Prescribed ADHD Medication

Understanding the specific HEDIS measures

Members 6 to 12 years of age receive a follow-up care visit **within** 30 days of the first ADHD medication being dispensed.

Complete a face-to-face visit with a practitioner.

Visit can be:

- Outpatient
- Intensive outpatient
- Partial hospitalization

Follow-up visit must be with a practitioner with prescribing authority.

This may include:

- Nurse practitioners
- Physicians Assistants
- Non-MDs who have the authority to prescribe medications.

Provider and Member Benefits

Incorporate the use of an assessment scale to:

- Assist in the diagnosis of ADHD.
- Assist parent/caregiver with identifying and understanding symptoms and performance issues associated with ADHD.

Incorporate:

- At the initial appointment provide parent/caregiver with the handout “Symptoms of Childhood ADHD Checklist.” **This will provide information about the different types of ADHD.**
- Build cooperation and trust with member and caregivers by educating them on:
 - *Medication management
 - *Potential side effects

Ways to increase medication compliance:

Incorporate ADHD Management Plan—provide parent/caregiver with all needed information in one location:

- Phone number for assistance
- Doctor contact information
- School contact information
- Goals and plans to reach these goals
- Medication dispensing information
- Side effects and when to contact a doctor

*See these resources for examples

- Increase parent/caregiver’s awareness on tips to help the member control his/her behavior
- Implement a reminder system for scheduled appointments
- Develop a registry to identify the need to schedule a follow-up appointment.

Identifying Barriers and Solutions

Barriers identified for children in regards to initiation and continuation of ADHD treatment may include:

- Parents' concerns about side effects which results in medication not being given consistently.
- Parents' only giving medication to their children on school days, so the prescription lasts longer .
- Parents lack of information/knowledge about ADHD.
- Distrust in the brief assessment process that their child received for diagnosis

Ways to improve rates of follow up care

Provide education, both verbal and written:

To parents/caregivers of children diagnosed with ADHD about the treatment options, and importance of follow-up care.

NOTE:

Address concerns of parents and children that are prescribed ADHD medications, including side effects, and what to do if they occur.

Additional Resources

American Academy of Pediatrics developed clinical practice guidelines to assist primary care clinicians with the appropriate treatment of children ADHD

Search Engine: Diagnosis and Evaluation of the Child With Attention-Deficit/Hyperactivity Disorder

<http://aappolicy.aappublications.org/>

Barriers to effective treatment for attention-deficit/hyperactivity disorder

[http://www.isnr.org/cart/Details.cfm?
ProdID=99&category=6](http://www.isnr.org/cart/Details.cfm?ProdID=99&category=6)

Educate parents and members about the ways in which ADHD can affect:

- Learning
- Behavior
- Self-esteem
- Social skills
- Family function

This initial phase of parent education is critical to demystifying the diagnosis and providing parents and children with knowledge about the conditions.” *American Academy of Pediatrics*: Clinical Practice Guideline: Treatment of the School-Aged Child with Attention Deficit/Hyperactivity Disorder.

Search Engine: Clinical Practice Guideline: Treatment of the School-Aged Child with Attention Deficit/Hyperactivity Disorder.

<http://aappolicy.aappublications.org/>

MDwise ADHD Clinical Guidelines

<http://www.mdwise.org/pdfs/bhguidelines/adhd.pdf>

MDwise Hoosier Alliance Resources

**Our Company is here to assist you with providing
the best healthcare for members.**

It's all *because we care!*

Case Management/Disease Management

888-961-3100 option 4

Claim Department Address:

MDwise Hoosier Alliance

P.O. Box 7303

London, KY 40742

Claim Inquiries

800-581-2488

Internal Provider Relations Representatives

888-961-3100 option 2

Fax: 866-465-2985

MDwise Customer Service

800-356-1204 or 317-630-2831

Medical Management & Prior Authorization

888-961-3100 option 1

Fax: 888-465-5581

Pharmacy Prior Authorization

800-558-1655

Fax: 888-465-5581

Quality Department

888-961-3100 option 6

Transportation

800-356-1204 or 317-630-2831

MDwise Behavioral Health Claims Address:

P.O. Box 7303

London, KY. 40742

Behavioral Health Claims 800-581-2488 option 8

Behavioral Health Authorization 888-961-3100



Follow-Up Care for Children Prescribed ADHD Medication

For more resources or tool kits contact your ROQ Specialist or Account Executive

MDwise Hoosier Alliance QM Department
1-888-961-3100 ext 37930